



## What Can One Person Do About Climate Change?

<b>1. Talk to others about climate change</b>	<ul style="list-style-type: none"> <li>• Talk to family, neighbors, colleagues ... your children!</li> <li>• Host conversations on climate change</li> <li>• Form a book/study group</li> <li>• Use social media to promote awareness of climate concerns and opportunities for action (see ECA's Facebook page)</li> <li>• Write letters to the editor in response to climate coverage</li> </ul>
<b>2. Reduce your carbon footprint</b>	<ul style="list-style-type: none"> <li>• Insulate your home, upgrade heating systems and appliances</li> <li>• Eat less red meat (only grass-fed), and local, organic fruits and vegetables in season</li> <li>• Reduce automobile, airplane travel and use public transportation, walk or ride a bike</li> <li>• Recycle, reduce use of plastics</li> </ul>
<b>3. Support eco-restoration</b>	<ul style="list-style-type: none"> <li>• Work to preserve and expand wetlands, forests and fields</li> <li>• Eliminate use of pesticides and chemical fertilizers</li> <li>• Plant trees, replace lawns with gardens</li> <li>• Buy food at farmers' markets when available</li> <li>• Compost food waste</li> </ul>
<b>4. Become a climate voter</b>	<ul style="list-style-type: none"> <li>• Write/meet with your legislators on climate legislation</li> <li>• Ask where legislators/candidates stand on climate change</li> <li>• Support carbon pricing legislation for Mass.</li> <li>• Make climate change your #1 electoral priority. Vote!</li> </ul>
<b>5. Get involved</b>	<ul style="list-style-type: none"> <li>• Join a grass roots climate change organization (e.g., Elders Climate Action, 350Mass, Mothers Out Front, Mass. Climate Action Network)</li> <li>• Support a national climate change organization (350.org, Sierra Club, Rainforest Action Network)</li> <li>• Attend public hearings on environment to show your support</li> </ul>
<b>6. Align investments with values</b>	<ul style="list-style-type: none"> <li>• Switch away from investments in fossil fuel companies</li> <li>• Encourage your college or religious organization to align their investments with their values by divesting/investing</li> <li>• Advocate state and local pension fund divestment</li> </ul>
<b>7. Channel Thoreau!</b>	<ul style="list-style-type: none"> <li>• Participate in climate change protests</li> <li>• Resist business as usual with boycotts &amp; civil disobedience</li> </ul>

- Check us out on the web: [www.eldersclimateaction.org](http://www.eldersclimateaction.org)
- Write us and sign up for our newsletter: [massinfo@eldersclimateaction.org](mailto:massinfo@eldersclimateaction.org)
- Join/like us on Facebook: [Elders Climate Action – Massachusetts Chapter](#)
- Learn more: Inside Climate News ([www.insideclimatenews.org](http://www.insideclimatenews.org)), Living On Earth (WBUR 7AM Sunday), The Daily Climate ([www.dailyclimate.org](http://www.dailyclimate.org)), Mass Clean Energy Digest, ([www.masscec.com](http://www.masscec.com)), RealClimate ([www.realclimate.org/](http://www.realclimate.org/))